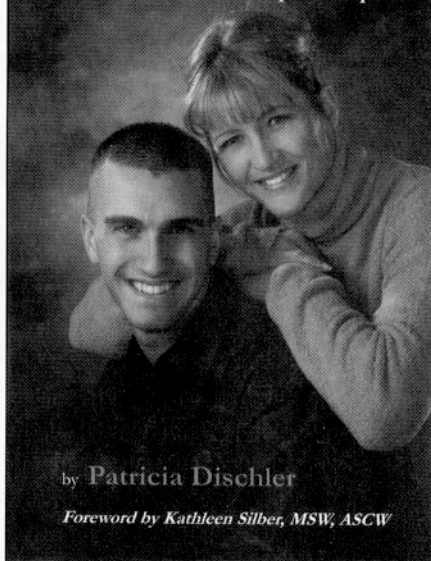


# Because I Loved You

A Birthmother's View of Open Adoption



## ***Because I Loved You: A Birth Mother's View of Open Adoption***

By Patricia Dischler

Goblin Fern Press, 2006, ISBN: 1-59598-042-3, 237 pages, \$16.95

With open heart and unbridled emotion, author Patricia Dischler shares with honesty her journey before, during and after the relinquishment of her son, Joe in her recently released book, "Because I Loved You." Not only is the book a first person narrative of Dischler's life-changing experience, but it also serves as a guide to other mothers considering the difficult decision of relinquishing a child.

In the beginning of each chapter, Dischler gives tips to weaving through the relinquishment process and thoughts on where adoption has been and where it is going into the future with open adoption. She backs up all the material with quotes and comments from well-known experts in adoption.

In the second half of each chapter, Dischler shares openly her story. From her roots as a small-town Iowa farm girl to a mature woman secure with her decision to relinquish her son to a life she was unable to provide at the time of her pregnancy — Dischler provides a heartwarming perspective of open adoption.

I believe in reading "Because I Loved You," adoptive parents will gain powerful insight into the thoughts, feelings and experiences of a birth mother. It is indeed wonderful that Dischler is able to openly share her story; similar to so many others who have kept relinquishments shrouded in secrecy for years. "Because I Loved You" is a truly powerful book for all members of the triad to read. To purchase the book, visit [www.patriciadischler.com](http://www.patriciadischler.com).

— Reviewed by Kim Phagan-Hansel